



SPRING NEWSLETTER



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**St Andrew's
Hospice**

Andy's

at St Andrew's Hospice

A MESSAGE FROM OUR CHIEF EXECUTIVE

Welcome to the latest edition of the St Andrew's Hospice newsletter. We've had a busy few months since the last newsletter, so I hope you enjoy catching up on what we've been doing.

We are proud to be one of more than 140 hospices taking part in the "This Is Hospice Care" campaign, a national initiative facilitated by Hospice UK. The aim of this campaign was to raise awareness about the vital role hospices play in communities and to shift public perceptions of hospice care.

I joined the hospice in 2001, as a Registered Nurse in the Children's Unit. My parents were amongst the first volunteers at St Andrew's Hospice, in 1979, and I share their passion for ensuring that adults, children, young people, and families have fair and equal access to high-quality palliative and end-of-life care.

Hospices around the country are announcing cuts to services and staff, and some even predicting closure if more is not done to protect our future. Whilst that is not yet our reality, it is only due to the generosity of you, our supporters.

That is why we have joined this campaign led by Hospice UK, to ask people to consider leaving us a gift in their Will. Legacy giving funds a quarter of our services, so even the smallest gift makes a huge difference.

I would like to thank each and every staff member and volunteer, along with our local community, for their continued support over the years. Without you, we wouldn't be able to make our mission of 'making each day count' a reality.

I hope you enjoy seeing what we've been up to recently and how your support helps us.

Thank you,
Michelle Rollinson



Supporter Anne has chosen to leave St Andrew's Hospice a gift in her will in memory of her husband Tony, who received end-of-life care on the adult inpatient unit.

"He thought he was in a hotel when he first arrived, it was just fantastic," she said. "The rooms are beautiful and the care we received was so wonderful. I really can't praise it enough."

"You don't have to worry. Whatever time it is, whenever you ring the bell, someone will come. Somebody is always there. It's just reassurance and knowing that's what they're there for, nobody will mind."

Anne has also since accessed bereavement support at St Andrew's Hospice, which she said has helped her to "talk openly" about how she feels.

"I know when I pass on the money will go towards doing good. The kindness the hospice showed to both of us was above and beyond. I know it doesn't receive the funding it needs, so I want to help somebody else like I've been helped."

1 in 4 people were cared for last year thanks to gifts in Wills. Find out more about 'This is Hospice Care' and [gifts in Wills](#).

FANCY A CHALLENGE?

FROM PATIENT TO VOLUNTEER: ANNE'S STORY

Want to challenge yourself in 2025?

We're very excited to introduce St Andrew's Challenges this year, a range of exciting events for you to get involved with! Check out our upcoming challenge events below!

50KM IN 30 DAYS

1ST - 30TH APRIL

Join us for a virtual exercise challenge! Swim, cycle, walk or run 50km in 30 days for St Andrew's Hospice! Starting on 1st April and ending on 30th April, you can start and finish the challenge as early or as late as you'd like within those dates.



SNOWDON SUNSET SUMMIT

10TH MAY

Trek the highest mountain in England and Wales, summit at sunset and make your descent under a starry sky! You will be accompanied by certified mountain leaders who are all first aid trained and experienced in leading groups up Snowdon.



We have so many exciting events coming up this year! Visit our [website](#) to find out more and how to get involved.



In 2017, Anne was told she had stage 3 cancer and was given six months to live, but Anne said she "wasn't going anywhere".

Anne explained: "When Macmillan first suggested I go into a hospice, I was scared. I was expecting this really old building full of dying people, and it frightened me. They talked me into going and so I decided to just bite the bullet and go. The minute we walked into the building, I just felt so warm and welcome. I decided I wanted to end my time at the hospice."

Anne accessed all of the wellbeing services during her time at St Andrew's. "Everything I got, my husband [Richard] also got. He had as much support as I did from the hospice, and that was so important and special to both of us. It gave him the time off from being my carer and let him relax."

After about a year, Anne was given the incredible news that she was in remission!

She said: "It was an amazing feeling, and I immediately knew I wanted to give back. I started putting my feelers out whilst I was weening off the hospice and I found out they were about to open a shop down the road from us. I helped them unload all of the stock ready for opening and have been here ever since."

Richard soon joined Anne helping out at the Bradley Crossroads store and they are now entering their 7th and 6th year volunteering.

Speaking about volunteering, Richard said: "We really enjoy working here, we make plans around the hospice, volunteering here always comes first. It helps you too, it helps you grow your skills and confidence, not to mention the social aspect."

Anne added: "I'm going into my 8th year of remission. The hospice has given me my life back. They help so many people, all for free, I don't know how they do it. We needed to give back and we will continue to give back. We can't say thank you enough."



COMMUNITY THANK YOU!



FUNDRAISING SUCCESS!

158 Christmas trees, 6 amazing helpers, 2 vans and £2,297.25 raised - our first ever Tree-Cycle campaign was a huge success!

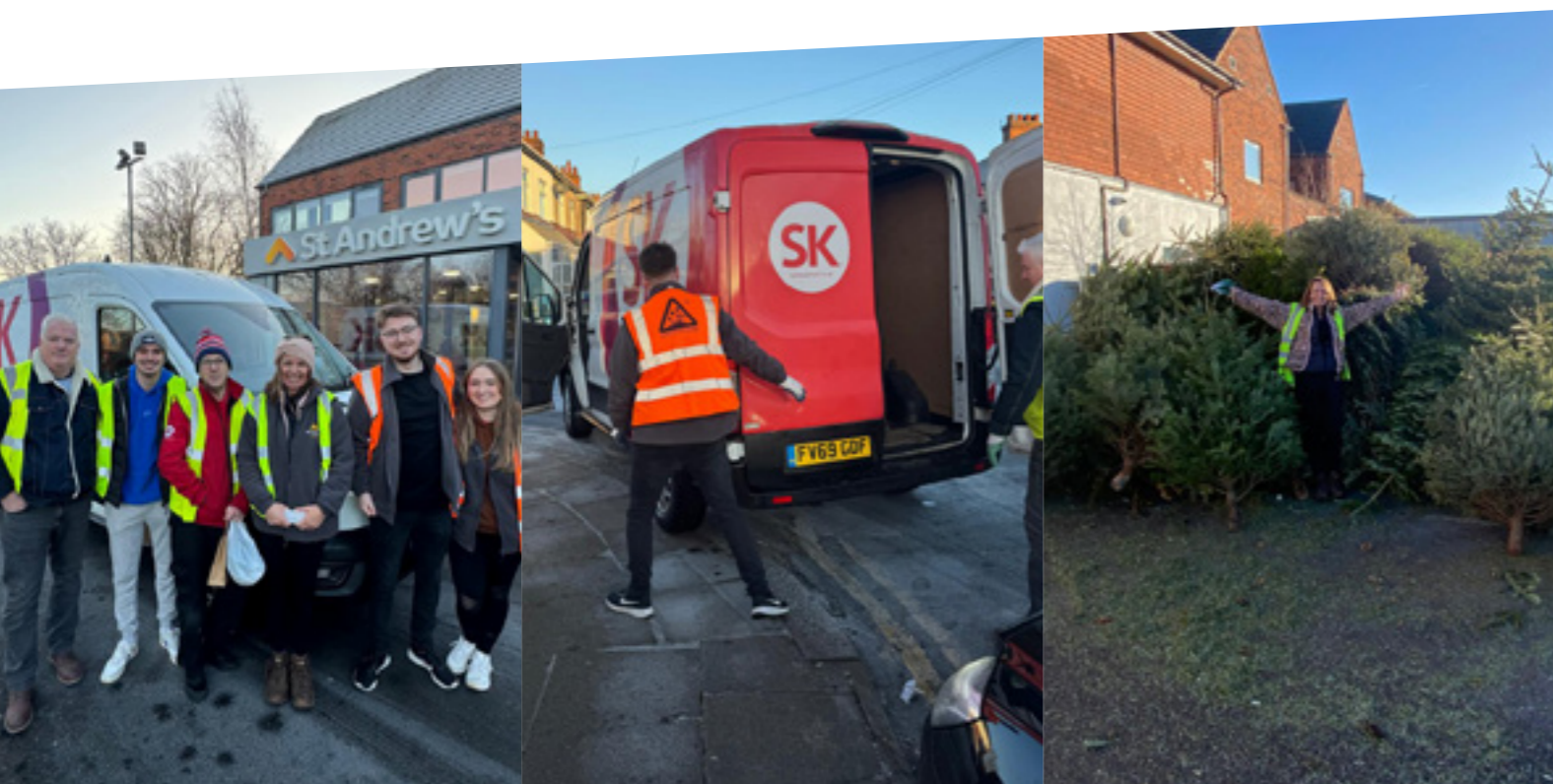
At the beginning of 2025 our fundraisers, along with a fab team of helpers, took part in our first Christmas tree recycling scheme.

With the help of Sylvester Keal, who provided two vans and three helpers, and Just Helping, who mapped the route and processed donations, we were able to collect Christmas trees across North East Lincolnshire to ensure they were disposed of sustainably.

Once the trees were returned to our Peaks Lane site they were left in the capable hands of Acer Tree Care who chipped all the trees so they could be used as biomass.

Thank you to everyone who signed up, an incredible £2,297.25 was raised - with 15% going to Clee Town Blue Owls under 9s as a community contribution. This portion of the proceeds will go towards buying new equipment and entry into a tournament for the team!

Register now for Tree-Cycle 2025, and we will send you more information closer to the time.



Last year we took part in The Big Give Christmas Challenge, raising an incredible £21,300!

For one week in December, donations made through The Big Give were match funded. We set a target of £10,000 and were blown away by the results.

Our CEO Michelle Rollinson said, “Thank you for your support with The Big Give. It was amazing, the generosity that was shown and the target that we reached is just phenomenal. We can’t do what we do without your help and it’s so gratefully received.”

Our mission is to ‘make each day count’ and, thanks to incredible fundraising efforts like The Big Give, we’re able to make that mission a reality.



£222

provides a six-week bereavement course for a child who has recently lost a member of their family, or adult who has lost a loved one



£3,000

provides a weekly two-hour visit by nurses for patients needing ‘Hospice at Home’ care, for an entire year



£18,000

the cost of operating St Andrew’s Hospice per day

GET INVOLVED IN 2025

APRIL



1st - 30th April

50k in 30 days

MAY



10th May

Snowdon Sunset Summit

17th May

Sky Dive

JUNE



1st June

Grimsby 10k

7th & 8th June

Summer Wolf Run

25th June

Charity Golf Day

SEPTEMBER



6th September

Sky Dive

20th September

Yorkshire Three Peaks

28th September

Sunrise Sparkle Walk

DECEMBER



6th December

Light Up a Life

Find out more at www.standrewshospice.com/Supporting-Us/Events